



Please note

Every effort is made to make the activities available to all children with learning disabilities, however some may not be suitable for children with complex needs or who are wheelchair bound.

Although staff ratios are high, we cannot guarantee one to one.

Please contact Southend Mencap on (01702) 341250 if you have any questions or concerns.

Website: www.southendmencap.org.uk



Family Play & Respite Club

AUTUMN TERM 2026

Respite for carers of children with learning disabilities aged 5-16 years. The club is also open to siblings without a disability.

PRINCE AVENUE ACADEMY & NURSERY

HORNBY AVENUE, WESTCLIFF-ON-SEA

Telephone (01702) 341250 for more details

**Every Saturday during school term time plus
various holiday sessions available too
9am-3pm
£20 per day**

****Different times between 9am and 3pm
may be available****

**Children cared for by professional staff
in a secure environment**

**Children have fun while carers have a break
Soft play games, puzzles, music, arts & crafts**

**Maximum of 10 children per session so
all sessions must be pre booked**

To book

**Please complete the booking form and
send it, together with your payment, to:**

**Southend Mencap, 100 London Road,
Southend-On-Sea, Essex SS1 1PG**

Booking Form

Child's name..... Age.....

Child's ethnic group.....

Address.....

..... Post Code.....

Carer's name..... Tel No:

Carer's ethnic group.....

Autumn Term	9am-3pm
Saturday 5 th September	
Saturday 12 th September	
Saturday 19 th September	
Saturday 26 th September	
Saturday 3 rd October	
Saturday 10 th October	
Saturday 17 th October	
Saturday 24 th October	
Saturday 7 th November	
Saturday 14 th November	
Saturday 21 st November	
Saturday 28 th November	
Saturday 5 th December	
Saturday 12 th December	
Half Term	
Monday 26 th October	
Tuesday 27 th October	
Wednesday 28 th October	
Thursday 29 th October	