



Please note

Every effort is made to make the activities available to all children with learning disabilities, however some may not be suitable for children with complex needs or who are wheelchair bound.

Although staff ratios are high, we cannot guarantee one to one.

Please contact Southend Mencap on (01702) 341250 if you have any questions or concerns.

Website: www.southendmencap.org.uk



Family Play & Respite Club

SPRING TERM 2026

Respite for carers of children with learning disabilities aged 5-16 years. The club is also open to siblings without a disability.

**PRINCE AVENUE ACADEMY & NURSERY,
HORNBY AVENUE, WESTCLIFF-ON-SEA**

Telephone (01702) 341250 for more details



**Every Saturday during school term time plus
various holiday sessions available too
9am-3pm
£20 per day**

****Different times between 9am and 3pm
may be available****

**Children cared for by professional staff
in a secure environment**

***Children have fun while carers have a break
Soft play games, puzzles, music, arts & crafts***

**Maximum of 10 children per session so
all sessions must be pre booked**

To book

**Please complete the booking form and
send it, together with your payment, to:**

**Southend Mencap, 100 London Road,
Southend-On-Sea, Essex SS1 1PG**

Booking Form

Child's name..... Age.....

Child's ethnic group.....

Address.....

..... Post Code.....

Carer's name..... Tel No:

Carer's ethnic group.....

Spring Term	9am-3pm
Saturday 10th January	
Saturday 17th January	
Saturday 24th January	
Saturday 31st January	
Saturday 7th February	
Saturday 14th February	
Saturday 28th February	
Saturday 7th March	
Saturday 14th March	
Saturday 21st March	
Saturday 28th March	
Half Term	
Monday 16th February	
Tuesday 17th February	
Wednesday 18th February	
Thursday 19th February	
Easter	
Monday 30th March	
Tuesday 31st March	
Wednesday 1st April	
Thursday 2nd April	