



SOUTHEND MENCAP FRIENDSHIP GROUP

**A drop-in club for adults with
learning disabilities.**

**Come along to play some games,
do some arts and crafts work or
just catch up with friends**



MONDAYS 9.30AM - 12.30PM
THE ST JOHN FISHER CHURCH
MANNERS WAY
CUCKOO CORNER ROUNDABOUT
£1 ENTRY CHARGE
DATES OVERLEAF
PLEASE CONTACT MARC
FOR MORE INFO.

Southend Mencap
100 London Road
Southend-On-Sea
Essex SSI IPG

Phone: (01702) 341250
E-mail: marc.mcowens@southendmencap.co.uk
Website: www.southendmencap.org.uk





SOUTHEND MENCAP FRIENDSHIP GROUP

MONDAY 10th JANUARY
MONDAY 17th JANUARY
MONDAY 24th JANUARY
MONDAY 31st JANUARY

MONDAY 7th FEBRUARY
MONDAY 14th FEBRUARY
MONDAY 21st FEBRUARY
MONDAY 28th FEBRUARY

MONDAY 7th MARCH
MONDAY 14th MARCH
MONDAY 21st MARCH
MONDAY 28th MARCH

MONDAY 4th APRIL
MONDAY 11th APRIL
MONDAY 25th APRIL

MONDAY 9th MAY
MONDAY 16th MAY
MONDAY 23rd MAY
MONDAY 30th MAY

MONDAY 6th JUNE
MONDAY 13th JUNE
MONDAY 20th JUNE
MONDAY 27th JUNE

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