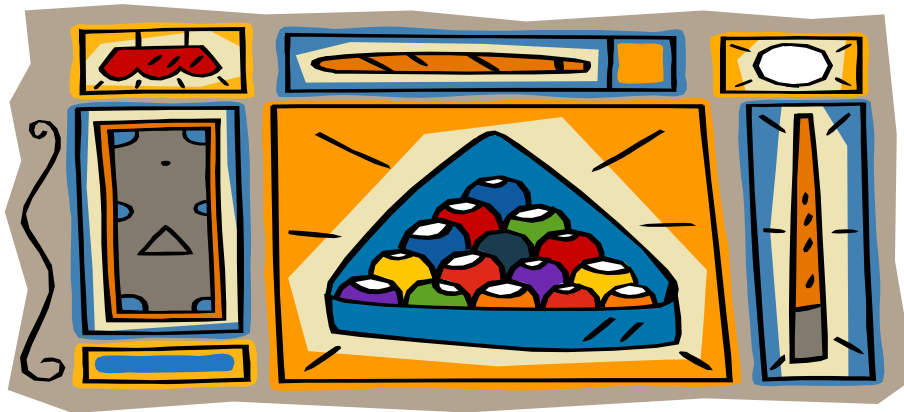




SOUTHEND MENCAP FRIENDSHIP GROUP

**A drop-in club for adults with
learning disabilities.**

**Come along to play some games,
do some arts and crafts work or
just catch up with friends**



MONDAYS 9.30AM - 12.30PM
THE ST JOHN FISHER CHURCH
MANNERS WAY
CUCKOO CORNER ROUNDABOUT
£1 ENTRY CHARGE
DATES OVERLEAF
PLEASE CONTACT MARC
FOR MORE INFO.

Southend Mencap
100 London Road
Southend-On-Sea
Essex SSI 1PG

Phone: (01702) 341250
E-mail: marc.mcowens@southendmencap.co.uk
Website: www.southendmencap.org.uk





SOUTHEND MENCAP FRIENDSHIP GROUP

MONDAY 13th SEPTEMBER
MONDAY 20th SEPTEMBER
MONDAY 27th SEPTEMBER

MONDAY 4th OCTOBER
MONDAY 11th OCTOBER
MONDAY 18th OCTOBER
MONDAY 25th OCTOBER

MONDAY 1st NOVEMBER
MONDAY 8th NOVEMBER
MONDAY 15th NOVEMBER
MONDAY 22nd NOVEMBER
MONDAY 29th NOVEMBER

MONDAY 6th DECEMBER
MONDAY 13th DECEMBER

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