



SMASH SPORTS CLUB

Southend Mencap and Sporting Heroes

A sports club for people with learning disabilities age 13+.

Open to all people with learning disabilities although those with more complex needs will need their own support.

Every Saturday 3-5pm

£4 per session

Summer 2018 Programme

5th May 2018	Garons Swim Centre	3-5pm
12th May 2018	Southend Leisure and Tennis Centre	3-5pm
19th May 2018	Tennis - Southend Leisure Centre	3-5pm
26th May 2018	Southend Leisure and Tennis Centre	3-5pm
2nd June 2018	Garons Swim Centre	3-5pm
9th June 2018	Southend Leisure and Tennis Centre	3-5pm
16th June 2018	Pool and Ten Pin Bowling - Kursaal	3-5pm
23rd June 2018	Southend Leisure and Tennis Centre	3-5pm
30th June 2018	Archery - Westwood Academy	3-5pm
7th July 2018	Garons Swim Centre	3-5pm
14th July 2018	Southend Leisure and Tennis Centre	3-5pm
21st July 2018	Crazy Golf - Adventure Island	3-5pm
28th July 2018	Southend Leisure and Tennis Centre	3-5pm
4th August 2018	Garons Swim Centre	3-5pm
11th August 2018	Southend Leisure and Tennis Centre	3-5pm
18th August 2018	Pedal Karts and Water Rollerz - Belchamps	3-5pm
25th August 2018	BANK HOLIDAY WEEKEND—NO CLUB	

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